

# District Approved Snack List

**Whether for consumption in the classroom or at school-sponsored meetings or activities, all foods must be safe for all students to eat.**

- **Goal 1: Managing Allergies and Sensitivities:** By implementing a list of pre-approved snacks, we can better support the varied food allergies and sensitivities among our student population. This proactive approach helps protect students who may have severe allergies by reducing the risk of exposure to food allergens in the school setting. The approved snack list ensures that all snacks brought into classrooms or shared among students are safe and free from **peanuts and tree nuts only**. Please double check all labels to verify any other possible allergens of concern.
- **Goal 2: Eliminating Homemade Foods:** While homemade foods can be delicious and well-intentioned, they present challenges in terms of safety and food allergen management. The decision to exclude homemade foods from the snack list helps mitigate potential risks associated with unknown ingredients, cross-contamination, and varying levels of food preparation hygiene. This precautionary measure safeguards the health and well-being of our students.

**When deciding what to send, please choose from the list below and remember the following guidelines:**

- Send items to school **in the original, sealed packaging bearing the ingredient label.**
- Double-check ingredient labels at the time of purchase to verify that there are no peanuts or tree nuts (e.g. almonds and walnuts) or cross-contamination statements. **Manufacturers' ingredients can change without warning.**
- As always, please coordinate with teachers and administrators before bringing snacks into PK-6 classrooms. **This list does not cover all food allergens.**

## JUICE BOXES

- **Juicy Juice (GF)** – pouches and boxes, all flavors
- **Honest Kids (GF)** – pouches and boxes, all flavors
- **Capri Sun 100% Juice** – pouches, all flavors

## FRUITS/DRIED FRUITS

- **Fresh Fruit (GF)**- whole and uncut apples, bananas, clementines
- **Sun Maid Raisins Individual Boxes (GF)** – Regular, Sour Mixed Berry, Sour Blue Raspberry, Sour Watermelon, Sour Strawberry, Peach, Tropical Fruit

## FRUIT SNACKS & APPLESAUCE

- **Betty Crocker Fruit Snacks (GF)** Fruit Snack Pouches, Fruit by the Foot, Fruit Gushers, Fruit Roll-Ups
- **GoGo Squeez Applesauce Pouches (GF)** – Applesauce on the Go, Organic Applesauce, Fruit and Veggiez
- **Kroger Brand** - Apple Cinnamon and Apple Strawberry Applesauce Variety Pouches (12 ct/3.2 oz), (24 ct/3.2 oz) & Classic Applesauce pouches
- **Mott's (GF)** – Animal Fruit Snack, Apple Orchard Fruit Snack
- **Zee Zee's Applesauce (GF)** – All flavors
- **That's It Fruit Bars (GF)** – All Flavors
- **Peaceful Fruits (GF)** – Fruit Tape, Fruit Candy, Peel-n-Eat Stickers, Dots, Laces, Stacks

## CHEESE & YOGURT

- **Frigo Cheese Sticks (GF)** – 1oz Cheeseheads in String, Gouda, Mild Cheddar, Swirls Cheddar & Mozzarella, Colby Jack Sticks
- **Horizon Cheese (GF)** – Shapes, String, Sliced
- **Kraft Cheese (GF)** – Cubes and Sticks
- **Dannon Danimals (GF)** - Yogurt Cups, Pouches, Smoothies
- **Yoplait Go-Gurt (GF)**
- **Yoplait Original (GF)**  
**(8 pack/6 oz)** - Strawberry & Peach, Strawberry Banana, Strawberry, Mountain Berry, Mixed Berry, Peach, Vanilla  
**(8 pack/4 oz)** - Strawberry, Strawberry Banana, Strawberry & Blueberry, Raspberry, Cotton Candy & Wild Berry, Cotton Candy & Strawberry
- **Stonyfield Organic (GF)** - smoothies (12pk/3.1 fl.oz.) tubes, pouches

## COOKIES

- **Barnum's Animal Crackers Original**
- **Enjoy Life (GF)** – Crunchy Cookies, Soft Baked, Brownie Bites
- **Keebler Scooby Doo Graham Crackers** (regular or snack packs)
- **Kroger Mini Vanilla Wafers (12 count packages)**
- **Made Good Cookies (GF)** - all flavors
- **Nabisco Nilla Wafers** - Regular Box or Mini Nilla Wafers Snack Packs
- **Oreos** - Original and Original Double Stuf (regular and Mini), Golden and Golden Double Stuf (regular and Mini)
- **Wise Bites (GF)** - Soft Mini Cookies, Cookies, Muffins and Small Treats
- **Kroger Chocolate Animals Graham Crackers** (9 oz)
- **Nabisco Honey Maid Graham Crackers** – Honey, Honey Low-Fat, Cinnamon, Chocolate
- **Teddy Grahams Graham Crackers** – Cinnamon, Honey, Chocolate, Chocolatey Chip

## CRACKERS

- **Cheez It Crackers Snack Pack Sizes** - Original, White Cheddar, Cheddar Jack
- **Cheez It Snap'd** – Double Cheese, Cheddar Sour Cream & Onion
- **Goldfish Crackers** - Baby Cheddar, Cheddar, Colors, Parmesan, Pizza, Whole Grain
- **Nabisco Premium** – Soup & Oyster Crackers
- **Triscuit** – Original, Reduced-Fat, Hint of Salt, Garden Herb, Rosemary & Olive Oil, Triscuit Minis Original, Triscuit Thin Crisps (Original, Parmesan Garlic)

## BARS & TREATS

- **Made Good (GF)** – Granola Bars, Drizzled Granola Bars, Granola Minis and Crispy Squares
- **Zee Zee's Soft Baked Bars** – All Varieties
- **Rice Krispie Treats** - plain only

## CHIPS & POPCORN

- **Baked Lays** – Original, Sour Cream & Onion, BBQ
- **Baked Ruffles** – Original, Cheddar & Sour Cream
- **Cape Cod (GF)** – All types (Classic, Waves, Less-Fat, and Waffle Cut)
- **Enjoy Life Lentil Chips (GF)** - All Varieties
- **Kroger** - Variety Snack Sack Chips (18 ct/1 oz) Sour Cream & Onion, Cheddar & Sour Cream, BBQ, Classic & Classic Wavy
- **Late July Tortilla Chips (GF)** - Multi-Grain Tortilla Chips (all kinds)
- **Dippers Tortilla Chips** - Sea Salt, Blue Corn,
- **Restaurant Style Tortilla Chips** - All Varieties
- **Popchips (GF)** – All Flavors
- **PopCorners** – All Flavors
- **Pringles** – Snack Stacks Pack (Containing Original, Cheddar, Sour Cream & Onion, BBQ, Cheddar & Sour Cream, Pizza)
- **Skinny Pop Popcorn (GF)** – All Flavors

### **CHIPS & POPCORN (continued)**

- **Wise Potato Chips** – Barbecue (kettle), BBQ, Cracked Pepper (kettle), Golden Original, Grilled Cheeseburger, Lightly Salted, Original (kettle), Reduced Fat Barbecue (kettle), Honey Barbecue, Reduced Fat Original (kettle), Unsalted
- **Wise Ridgies Potato Chips** – Barbeque, Cheddar & Sour Cream, Original, Sour Cream & Onion, Dill Pickle

### **PRETZELS & CHEESE PUFFS**

- **Cheetos** – Individual Bags Simply Puffed White Cheddar Cheese, Simply Crunchy White Cheddar Cheese, Crunchy Cheese Flavored, Puffed Cheddar Cheese
- **Pepperidge Farm** – Goldfish Pretzels
- **Pirate’s Booty Cheese Snack (GF)** – Aged White Cheddar, Cheddar Blast, Smart Puffs, Cosmic White Cheddar
- **Rold Gold Pretzels** – Thins, Sticks, Rods, Tiny Twists, Tiny Twists Cheddar, Honey Wheat Braided, Waffles, “Heartzels” and Football Shapes
- **Snyder Pretzels** – Individual bags of Mini Pretzels, Individual Pretzel Pieces Variety Pack in Hot Buffalo Wing, Honey Mustard and Onion, Cheddar Cheese

### **FROZEN TREATS**

- **Luigi’s Real Italian Ice (GF)** – 6 Pack Varieties-Cherry, Lemon, Lemon & Strawberry, Mango, Red White & Blue, Watermelon, Blue Raspberry, Mango, Kiwi Strawberry
- **Minute Maid Frozen Juice Bars (GF)** - juice sticks, frozen tubes, lemonade cups
- **Outshine Frozen Pure Fruit Bars (GF)** – Strawberry, Grape, Lemon, Lime, Mango, Peach, Pineapple, Pomegranate, Raspberry, Tangerine, Watermelon
- **PhillySwirl ICEE Mix It Up (GF)** – Red & White Cherry, Green Apple & Watermelon, Blue Raspberry & White Cherry, Strawberry & Kiwi

### **FROZEN TREATS (continued)**

- **PhillySwirl Swirl Cup with Candy Spoons (GF)** – Rainbow, Cotton Candy, Sunburst, Hurricane, Cherry Melon, Blueberry Jam
- **PhillySwirl Swirl Stix (GF)** – Cotton Candy, Very Berry, Orange Dream, Fruit Punch, Banana Split, Rainbow
- **Pop Ice (GF)** – 80 & 100 count (Assorted and Tropical Flavors)

### **MARSHMALLOWS**

- **Campfire Marshmallows (GF)** – Mini and Regular – **VANILLA ONLY**

### **CANDY**

- **Andes Mints** – All Varieties
- **Charms Blow Pops (GF)** – Assorted
- **Charms Mini Pops (GF)** – Assorted
- **Charms Pops (GF)** -- Assorted
- **Dum Dums (GF)** – Assorted
- **Dum Dums Candy Canes (GF)**
- **Enjoy Life Chocolate Bars (GF)** – Dark Chocolate, Rice Milk, Rice Milk Crunch, Minis Variety Pack, Holiday Varieties
- **Frooties**
- **Goetze’s Candy Caramel Creams** - (brownie, original, vanilla)
- **Goetze’s Candy Cow Tales Candy** - (caramel, caramel apple, caramel brownie, strawberry smoothie and
- **Goetze’s Candy Mini Cow Tales** (caramel)
- **Hershey’s Chocolate Kisses (GF)** - Milk Chocolate, Special Dark
- **Jelly Belly Candy Canes (GF)** – Tutti Frutti, Blueberry, Watermelon, Very Cherry, Orange, Green Apple
- **Jolly Ranchers** – Assorted Hard Candies & Gummies
- **Junior Mints (GF)** – Chocolate Peppermint
- **Lifesavers** - Hard Candies, Gummies, Wint-O-Green, Pep-O-Mint Hard Candies
- **Rolo Creamy Caramels (GF)**
- **Saf-T-Pops (GF)** – Assorted, Swirl
- **Skittles** – All Varieties

### **CANDY (continued)**

- **Smarties (GF) UPC CODE Starts With 011206**
- **Sour Patch Kids**
- **Sour Patch Kids Candy Canes (GF)**
- **Spangler Candy Canes (GF) – Regular & Mini**
- **Starburst Chews – Minis, Swirlers, Gummies**
- **Starburst Jellybeans – All Varieties**
- **Surf Sweet Candies (GF) – Fruity Bears, Gummy Bears, Gummy Worms, Fruity Rings, Sour Worms, Spooky Shapes (Organic Skulls and Ghouls), Jellybeans, Delish Fish**
- **Tootsie Fruit Chews (GF) – Cherry, Orange, Vanilla, Lemon, Lime**
- **Tootsie Pops (GF) – Cherry, Chocolate, Grape, Orange, Raspberry**
- **Tootsie Pop Drops (GF) – Chocolate, Cherry, Blue Raspberry, Orange, Grape**
- **Tootsie Roll (GF) – Chocolatey**
- **Twizzlers – All Wrapped Varieties**
- **Whoppers – Original**
- **Wonka Nerds Candies – Regular Nerds Candies**
- **Yum Earth Organic Candies (GF) – Chewys, Giggles, Hard Candy Favorite Flavors, Lollipops Favorite Flavors, Peppermint Hard Candies, Sour Giggles**

***\*This Westside Community Schools District Approved Snack List does not take into account all food allergens, nor does it provide a 100% safeguard for the manufacturing facilities that prepare and package these snacks. The Westside Community Schools District Approved Snack List is a researched list of approved snacks that can be utilized as rewards for school/classroom celebrations. Non-edible options including but not limited to pencils, erasers, books, and party favors may also be given as a reward and/or treat at classroom parties.***